



East Gwillimbury Minor Hockey Association

News from the Eagle's Nest

Issue 1, September 2017

Message from our EGMHA President

Welcome back to all returning families, and welcome to those that are new to EGMHA. In case you blinked and missed "summer", it is indeed coming to an end, and the hockey season is ramping up.

This should be another great year with changes big and small. Later in this newsletter you will read about the new half-ice/cross-ice program that we are pleased to roll out as part of our development focus on the younger ages. We are also in discussion with the skating club regarding a pilot to put a strong focus on skating skills - particularly at the younger ages.

We are supporting the OMHA inclusiveness efforts in rolling out Gender Identification and Expression education to all coach staff.

We have commissioned construction of a new trophy case to highlight our successes and give special attention to our Dunsmuir tournament trophies.

The Minor Bantam and Minor Midget rep teams will be rostered as MD (Minor Development). Minor Development programs are receiving a lot of attention throughout York Simcoe as they offer a representative level of competitiveness, but without the body checking. It is felt that this will help make competitive hockey attractive to a larger audience and keep kids playing longer.

Other changes that you can look forward to include new snackbar ownership. We have reached out to the town to extend our desire for an improvement in healthy food alternatives with this new vendor.

The town has also asked for our help in focusing their development efforts. Please take the time to complete their Health & Active Living Plan (HALP) survey which can be found on the town's website here.

We need help from a volunteer to lead this year's Hockey for Hunger program. As most of you are very aware, this is the EGMHA's key program to give back to the community. We have many helpers lined up, but need someone to take the reins. If you want to know more, please [email me](#), or give me a call.

Finally, and simply, have a fantastic season, and never hesitate to talk to an executive member, HL convenor, or your coach if you want to know more, have ideas or comments. We are a proud volunteer organisation that thrives on the energy and passion of our membership.

Yours in Hockey,
Eric Kopsala

Dates to Remember

Sept 7th	Midget A Try Outs Start
Sept 8th	Equipment Exchange Drop Off
Sept 8 - 10th	National Sports Shopping Sale
Sept 9th	Equipment Exchange Sale
Sept 9 & 16th	Mouth Guard Clinic
Sept 9/10th	Local League (LL) Opening Weekend
Sept 11th	Minor Midget MD Try Outs
Sept 16/17th	House League (HL) Opening Weekend
Sept 29th	LL Regular Season Games Start
Oct	Select Team Try Outs
Nov 2 to 4th	Team Picture Days
Nov 4/5th	Apparel Sale
Dec 6th	Last Chance Picture Day
Dec 8 - 11th	Battle of the Gwillimburies
Dec 16th	Welcome to the House HL Event
Jan 22nd	Rep Play Offs Start
Feb 6th	LL Play Off Start
Feb 28th	Spirit Award Nomination Due
Feb or Mar	Volunteer Appreciation Night
Mar 4th	LL Info Meeting for 2018/19
Mar 24th	HL Championship Day
Mar 25th	HL Banquets
Apr 5 - 8th	Dunsmuir Memorial Tournament
April 10th	Annual General Meeting

**LIFE IS SIMPLE
EAT, SLEEP, PLAY
HOCKEY**



CROSS-ICE HOCKEY | REDUCE THE SPACE | INCREASE THE FUN!

We are excited to announce a major program change for Tyke aged players for the 2017/18 season. The Tyke Program is transitioning to the [Hockey Canada Cross-Ice format](#). This format maximizes ice utilization through the use of cross-ice games. More puck touches means more skill development and more fun! In the cross-ice environment, a player's activity increases and so does their skill set and love of the game.

VP HL Chris Nesbitt recently held a parent information meeting to discuss the changes to the Tyke Program. Another meeting is scheduled on **Wed Sept 6th @ 7:00 pm** in the Canada Hall at the EG Sports Complex for any parents who couldn't attend and want more information on the new cross-ice format.

DID YOU KNOW?

Players on cross-ice have been shown to receive **five** times more passes and take **six** times more shots than when they are on a full-sized rink

ON-ICE ASSESSMENT TIMES

LOCAL LEAGUE

Report to the time that is assigned to the letter your last name starts with

Saturday September 9th

PeeWee (A-F)	1:00 to 2:00 pm
PeeWee (G-Z)	2:00 to 3:00 pm
Bantam (A-H)	3:00 to 4:00 pm
Bantam (I-Z)	4:00 to 5:00 pm

Sunday September 10th

PeeWee (A-F)	1:00 to 2:00 pm
PeeWee (G-Z)	2:00 to 3:00 pm
Bantam (all players to scrimmage)	5:40 to 7:00 pm

NOTE:

Midget assessments will be posted on the [EGMHA calendar](#) once the Minor Midget MD and Midget A teams are selected, check the EGMHA

HOUSE LEAGUE

HL Convenors will be send emails with your player's start time the week of Sept 11h

Saturday September 16th

Initiation/Tyke	8:00 to 10:00 am
Novice	10:00 to 12:00 pm
Atom	12:00 to 2:00 pm

Sunday September 17th

Initiation/Tyke	12:00 to 2:00 pm
Novice	7:00 to 9:00 am
Atom	2:00 to 4:00 pm

Saturday September 23rd

Initiation/Tyke	9:00 to 11:00 am
Novice	11:00 to 1:00 pm
Atom	10:30 to 12:30 pm

Sunday September 24th

Initiation/Tyke	7:00 to 9:00 am
Novice	8:30 to 10:30 am
Atom	10:30 to 12:30 am



TRY OUTS

Try out times for the **Minor Midget MD** and

Midget A teams are now posted on our [EGMHA Calendar](#)

Keep checking our website for try out times in October for our **Tyke** and **Atom Select** teams.

EGMHA will once again be holding Player and Goalie Development Clinics. We will also be continuing with our Coach Mentoring Program. Keep checking our website for upcoming dates.

Custom Mouth Guard Clinic

Saturday Sept 9 & 16th • 8:00 am to 2:00 pm

Dental Professions from [Susan's Smile Centre](#) will be on-site at the EG Sports Complex and will take a mould of your player's teeth.

A custom fit mouth guard is fabricated while you wait (usually within 1-3 hours). Once it is completed the fit is checked and adjustments are made on the spot.



Mouth Guards must be picked up same day. A protective case is included in the cost (which is generally around \$50).

EGMHA Shopping Weekend September 8 to 10th



20% off regular ticket price items
10% off sale ticket price items

Offer is good for any National Sports location. Just bring a copy of the EGMHA Shopping Weekend letter (or show it on your mobile device). The letter can be found on the EGMHA website [here](#).

EQUIPMENT EXCHANGE

Are you looking to clean out some of that gently used equipment that is too small for your child?

The EGMHA will host its annual **Equipment Exchange on Saturday, September 9th from 9:00 am to 12:00 pm** at the East Gwillimbury Sports Complex (Canada Hall) in Sharon.

Drop off your equipment at the East Gwillimbury Sports Complex (Canada Hall) on **Friday September 8th** between **7:00 and 9:00 pm**.

On **Saturday, September 9th**, between **9:00 am and 12:00 pm**, the EGMHA will sell the equipment.

Proceeds can go to seller or may be donated to EGMHA. Immediately following the sale, from 12:00 to 1:30 pm, proceeds from the sale may be picked up by sellers.

All donations made to the EGMHA portion of the sale will put tow.

We will not be accepting helmets or jock/jills in the exchange.

If you are a student who is looking for volunteer hours and would like to help on either the Friday setting up or during the sale please send an email to: equipment@egmha.com



The Ontario Minor Hockey Association has mandated that one parent per family must complete the online "Respect In Sport" – Parent Program

in order for their child to be rostered to an EGMHA team. If you completed the course previously you do NOT need to take it again.

Please visit the EGMHA website [here](#) to find out more about the Respect in Sport Program.



Alumni News

Congratulations to **Graham Knott** on winning the Memorial Cup this past spring with his Windsor Spitfire team mates. Graham, who is a Chicago Blackhawks prospect, brought the cup home in August where he met with community members. Some Eagles were fortunate enough to ask Graham questions, get an autographed picture of the winning Spitfire team and pose for pictures with the Memorial Cup. We wish Graham the best of luck who will play in the 2017 Chicago Blackhawks Prospect Tournament at Centre Ice Arena in Traverse City, Michigan from Sept. 8-12.



Congratulations also go out to **Liam Whittaker**, who was drafted by the London Knights in the OHL Draft. Liam will join his brother, Richard (also a former Eagle), who was a London Knight pick in the 2016 OHL Draft. We look forward to seeing what this brother combination can do for the Knights on the ice this season!

Looking for extra practice time?

The Town of East Gwillimbury is offering Skills and Drills ice times before school on Monday and Thursday mornings at the EG Sports Complex. Cost is \$5/participant and is open to players under 16. Please note parents going on the ice are also required to pay the participant fee. No registration is required. See the [Recreation Guide](#) for more info.



We are in need of volunteers at all levels of hockey within our association. There is no job in any hockey association that would not benefit from an extra pair of hands, skates or simply a different point of view. In addition to on ice volunteers, we are seeking a volunteer to run our annual **Hockey 4 Hunger** food drive.

If you want to volunteer please contact:

- House League Program: [Chris Nesbitt](#), VP House League
- Local League Program: [Doug Yarenko](#), VP Local League
- Other EGMHA opportunities: [Rick McGlone](#), 1st Vice President

Volunteers are the heart of our association, without them there would be no minor hockey in East Gwillimbury.

We are awaiting your message!

We're on the Web!

Check us out @ www.egmha.com

{special}

THANKS

to our sponsors

We would like to thank all the businesses that have made a significant contribution to our House League and Local League Program by sponsoring a team.

- CanAm Road Shows
- Cintas
- Dodge Caravan Kids
- First Power Generators
- Holland Landing Firefighters Association
- Holland Landing Health Centre
- Inscape
- Life Touch
- Maloron Communication
- Market Brewery
- McDonald's AtoMc
- Neighbourhood Market
- Perfect Moves
- Pizza Pizza
- Queensville Farm Supply
- Ross Wilkinson Contracting
- Skelton Trucking
- Timbits Hockey

We appreciate all our sponsors and encourage our members and their families to support and patronize them whenever possible. Make sure to let them know you appreciate what they do for our young hockey players!