



East Gwillimbury Minor Hockey Association

News from the Eagle's Nest

Issue 1, September 2018

Message from our EGMHA President

Welcome to another year of Eagles hockey to those players returning, and to the many players and families joining us for the first time! It amazes me that there continues to be so many changes to a sport like minor hockey given how long it has been around. EGMHA was founded back in 1960, so you would expect a lot of changes, but as I reflect on my years involved in this association, I can only consider what some of our newer families would think of:

- paying gate fees to see your own child play,
- paper-based registration cards,
- faxing gamesheets in after games,
- hand-written schedules posted in the arena
- Sharon Gun Club as one of our regular sponsors
- portable Dressing rooms in the parking lot during the East Pad renovation in 2011
- 6:00 am games and practices

This year we will see the transition to electronic game scoring on iPads, that upload score information to the integrated network of websites shared by all centres in York Simcoe. We are working through the roll-out of half-ice, and cross-ice hockey for Novice and under (Novice half ice is next year). We are seeing a Canadian human-rights mandate for Gender discussions. I also fully expect that a range of rules changes being rolled are surely going to cause some of our more exuberant spectators to offer their kind counsel to our referees as well.

On a personal note, the single most significant aspect of this year for me is that this is the last year for my youngest son playing minor hockey. It didn't seem as significant when my first two boys "graduated out", but I will cherish this coming year more than the 15 years before it.

I feel blessed to keep in touch with so many players who "graduated out", marveling that some are world travelers, accomplished in careers, home owners, and parents themselves

My humble guidance to all you Eagles families this year – players and parents – is to enjoy your time with your children in all the aspects of this wonderful sport – not just the time on the ice. Savour the memories of tournaments, time in the car, and stay in touch with the many fantastic people that you meet. I don't remember many games, but I do remember the experiences, and the people.

Yours in hockey,
Eric Kopsala, EGMHA President

Dates to Remember

Sept 8th	Midget A Try Outs Start
Sept 14th	Equipment Exchange Drop Off
Sept 14-16th	National Sports Shopping Sale
Sept 15th	Equipment Exchange Sale
Sept 15 & 22nd	Mouth Guard Clinic
Sept 8/9th	Local League (LL) Opening Weekend
Sept 22/23rd	House League (HL) Opening Weekend
Sept-Oct	Select Team Try Outs
Oct 13/14th	Apparel Sale
Oct 25-27th	Team Picture Days
Nov 25th	Hockey for Hunger Weigh In Day
Dec 4th	Last Chance Picture Day
Dec 8 - 10th	Battle of the Gwillimburies
Feb 28th	Spirit Award Nomination Due
March	Volunteer Appreciation Night
Mar 30th	HL Championship Day
Mar 31st	HL Banquets
Apr 4 - 7th	Dunsmuir Memorial Tournament
April 9th	Annual General Meeting

**LIFE IS SIMPLE
EAT, SLEEP, PLAY
HOCKEY**



CROSS-ICE HOCKEY | REDUCE THE SPACE | INCREASE THE FUN!

Welcome back as another hockey season is about to get underway. For those families that are new to our organization, a warm and special welcome is extended, we look forward to you joining us this season. The overall goal this year is to provide a rewarding and fun experience for each and every child. Our hope is to provide a safe and challenging hockey program where players are able to realize their potential through appropriate levels of play. We want each child to develop, and improve their hockey skills so as to ultimately want to continue playing hockey. Our Association promotes participation on a fair and equal basis for all players. Equal ice time and fair play for all is one of our fundamental policies. Our goal is always to provide a positive and enjoyable environment that promotes respect, discipline and good sportsmanship among players, parents, coaches and officials while enjoying the great game of hockey. I hope that everyone this season has a great and rewarding year playing hockey - Ryan Gray, VP House League

DID YOU KNOW?

Players on cross-ice have been shown to receive **five** times more passes and take **six** times more shots than when they are on a full-sized rink

ON-ICE ASSESSMENT TIMES

Report to the time that is assigned to the letter your last name starts with

LOCAL LEAGUE

Report to the time that is assigned to the letter your last name starts with

Saturday September 8th

PeeWee (A-F)	2:30 to 3:30 pm
PeeWee (N-Z)	3:30 to 4:30 pm
Bantam (all players)	4:30 to 5:30 pm
Minor Midget (all players)	5:30 to 6:30 pm

Sunday September 9th (all players to scrimmage)

PeeWee (A-M)	1:30 to 2:30 pm
PeeWee (N-Z)	2:30 to 3:30 pm
Bantam (all players)	3:30 to 4:30 pm
Minor Midget (all players)	4:30 to 5:30 pm
Midget (A-M)	5:30 to 6:30 pm
Midget (N-Z)	6:30 to 7:30 pm

HOUSE LEAGUE

HL Convenors will be send emails with your player's start time the week of Sept 17th

Saturday September 22nd

Novice	9:00 to 10:00 am
Atom (A-K)	10:00 to 11:00 am
Atom (L-Z)	11:00 to 12:00 pm
Intro/Preschool	10:30 to 11:30 am
Initiation (A-K)	11:30 to 12:30 pm
Initiation (L-Z)	12:30 to 1:30 pm
Tyke	1:30 to 2:30 pm

Sunday September 23rd

Novice	12:00 to 1:00 pm
Atom (A-K)	1:00 to 2:00 pm
Atom (L-Z)	7:30 to 8:30 am
Intro/Preschool	8:30 to 9:30 am
Initiation (A-K)	9:30 to 10:30 am
Initiation (L-Z)	10:30 to 11:30 am
Tyke	11:30 to 12:30 pm



Try out times for the **Midget A** and **Atom Select** team are now posted on our [EGMHA Calendar](#)

Keep checking our website for try out times in October for our **Tyke Select** and **Local League Tournament** teams.

EGMHA will once again be holding Player and Goalie Development Clinics. We will also be continuing with our Coach Mentoring Program. Keep checking our website for upcoming dates.

Custom Mouth Guard Clinic

Saturday Sept 15 • 9:00 am to 2:00 pm
Saturday Sept 22 • 8:00 am to 2:00 pm

Dental Professions from [Susan's Smile Centre](#) will be on-site at the EG Sports Complex and will take a mould of your player's teeth.

A custom fit mouth guard is fabricated while you wait (usually within 1-3 hours). Once it is completed the fit is checked and adjustments are made on the spot.



Mouth Guards must be picked up same day. A protective case is included in the cost (which is generally around \$50).

EGMHA Shopping Weekend September 14 to 16th



20% off regular ticket price items
10% off sale ticket price items

Offer is good for any National Sports location. Just bring a copy of the EGMHA Shopping Weekend letter (or show it on your mobile device). The letter can be found on the EGMHA website here.

EQUIPMENT EXCHANGE

Are you looking to clean out some of that gently used equipment that is too small for your child?

The EGMHA will host its annual **Equipment Exchange on Saturday, September 15th from 9:00 am to 12:00 pm** at the East Gwillimbury Sports Complex (Canada Hall) in Sharon.

Drop off your equipment at the East Gwillimbury Sports Complex (Canada Hall) on **Friday September 14th** between **7:00 and 9:00 pm**.

On **Saturday, September 15th**, between **9:00 am and 12:00 pm**, the EGMHA will sell the equipment.

Proceeds can go to seller or may be donated to EGMHA. Immediately following the sale, from 12:00 to 1:30 pm, proceeds from the sale may be picked up by sellers.

We will not be accepting helmets or jock/jills in the exchange.

If you are a student who is looking for volunteer hours and would like to help on either the Friday setting up or during the sale please send an email to: equipment@egmha.com

Coach Applications Open

Applications are now being accepted for our Tyke/Atom Select teams and our Local League Tournament Teams. Applications close on September 18th. Please fill out the [form](#) if interested.



The Ontario Minor Hockey Association has mandated that one parent per family must complete the online "Respect In Sport" – Parent Program

in order for their child to be rostered to an EGMHA team. If you completed the course previously you do NOT need to take it again.

Please visit the EGMHA website [here](#) to find out more about the Respect in Sport Program.



Weigh-In Date is Sunday November 25th, 2018

2017 100 lb Club

Connor G 647.5, Roman Z 422, Mitchell A 381.6, Hayden R 349, Joseph 320.8, Cole R 285.8, Hunter H 264.4, Colten W 245.2, Carter A 196.6, Austin D 162, Aiden C 160, Jack L 156.6, Carter J 145.8, Aaron W 135, River M 133.2, Jackson W 129.4, Ben A 128.2, Zachary R 128.2, Owen M 124.1, Riley M 124.1, Liam J 122, Jackson C 120.4, McKensie R 120.4, Eamon S 104.8, Cole S 104.6, Christian H 103.8

Make a Difference in your Community & JOIN THE CLUB in 2018!!!!



Looking for extra practice time?

The Town of East Gwillimbury is offering Skills and Drills ice times before school on Monday and Thursday mornings at the EG Sports Complex. Cost is \$5/participant and is open to players under 16. Please note parents going on the ice are also required to pay the participant fee. No registration is required. See the [Recreation Guide](#) for more info.



We are in need of volunteers at all levels of hockey within our association. There is no job in any hockey association that would not benefit from an extra pair of hands, skates or simply a different point of view. In addition to on ice volunteers, we are seeking a volunteer to run our annual **Hockey 4 Hunger** food drive.

If you want to volunteer please contact:

- House League Program: [Ryan Gray](#), VP House League
- Local League Program: [Doug Yarenko](#), VP Local League
- Other EGMHA opportunities: [Rick McGlone](#), 1st Vice President

Volunteers are the heart of our association, without them there would be no minor hockey in East Gwillimbury.

We are awaiting your message!

We're on the Web!

Check us out @ www.egmha.com

{special}

THANKS

to our sponsors

We would like to thank all the businesses that have made a significant contribution to our House League and Local League Program by sponsoring a team.

- AD Engineering
- Dodge Caravan Kids
- First Power Generators
- Froster Active Kids
- Holland Landing Firefighters Association
- Holland Landing Health Centre
- Inscape
- J.F. Kitching
- Life Touch
- LS Brand
- Maloron Communication
- McDonald's AtoMc Hockey
- Perfect Moves
- Rice Aggregates Limited
- Queensville Farm Supplies
- Skelton Truck Lines
- Timbits Hockey
- Wingman Sports

We appreciate all our sponsors and encourage our members and their families to support and patronize them whenever possible. Make sure to let them know you appreciate what they do for our young hockey players!